

District 06 (San Francisco) Minutes for General Service Business Meeting  
**Tuesday November 10, 2020**  
*Online Zoom Meeting*

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6:30 – 7 New GSR Orientation // 6:30 – 7:30 12 Concepts & Service Manual Study // 7:30 – 9 District Meeting

**Opening of Meeting**

- Open at 7:30pm with Serenity Prayer
- Justin H [REDACTED] reads a General Service Preamble
- Reading of Tradition Eleven by JB
- Reading of Concept Eleven by Joey
- **Welcome new GSRs or DCMs:** [none]

**DCM Introduction.** Hemanth, DCM for subdistrict 320 South of Market. Steve R [REDACTED] DCM for subdistrict 240 Pacific Heights / Cow Hollow. Beth S [REDACTED] subdistrict 375, evening meetings at 2900 Florida. Jackie B [REDACTED] DCM 270, Inner Sunset near the Gratitude Center. Chelsea W [REDACTED] alternate DCM for all other districts.

- **Welcome Visitors:** Teddy B. Panel 69 Delegate California Northern Coastal Area. Coree, Assembly Coordinator and incoming Non-Trustee Director candidate on the AA Grapevine Board. Heidi, new GSR of Anything is Possible Mon-Fri 5:00, Sat 11:00, Sun 1:00. Chris, Alt-GSR Wharf Rats.
- **Anniversaries:** Alex E., 15 years. Heidi, 33 years.

October minutes were accepted as submitted.

**Elections Begin**

3<sup>rd</sup> Legacy procedure (pages s21-22 in your Service Manual) meaning we elect by a 2/3rds majority. If no majority is achieved after several rounds of voting a name is chosen out of the hat.

Q: Who is eligible to stand and who is eligible to vote? A: Pretty much any member of AA is eligible for positions. For voting, it's GSRs or their alternate if the GSR is not here. Even if it's your first meeting you can vote. GSRs and their alternates, DCMs, Officers can all vote.

**DCMC: [Jackie Elected]**

Round 1. Hemanth 4, Jackie 17, Joey 6, Steve 11, Vanessa 3.  
Round 2. Hemanth 4, Jackie 20, Joey 3, Steve 11, Vanessa 3.  
Round 3. Jackie 25, Steve 14. (26 were required to win with ¾)  
Round 4. Jackie 29, Steve 13.

**ALT-DCMC [Joey Elected]**

Round 1. Riaz 13, Joey 11, Steve 14, Hemanth 4  
Round 2. Riaz 14, Joey 14, Steve 13, Hemanth 2  
Round 3. Riaz 14, Joey 14, Steve 12  
Round 4. Riaz 14, Joey 26

**RECORDING SECRETARY [Vanessa Elected]**

Round 1. Vanessa 12, Riaz 18, Beth 7  
Round 2. Vanessa 15, Riaz 21, Beth 3  
Round 3. Vanessa 13, Riaz 20  
Round 4. Vanessa 15, Riaz 23  
Vote for a 5<sup>th</sup> round passed.  
Round 5. Vanessa 14, Riaz 24. (25 needed to win)  
It goes to 'the hat'. The name pulled out of the hat was Vanessa.

**Financial Report** – Beth S [REDACTED] Budget Committee. Financial report was emailed. Overall in October there were about 2x group contributions than the prior couple of months. This is not unusual during this time of year. Not many expenses. We are currently in the black. Prudent Reserve is full and then some. If your group is not listed in the group contribution list but should be, please check with your treasurer to verify where they are sending funds.

Proposed budget for 2020 is in email. Adjustments were made based on projected ideas on what 2021 may hold. If you have any questions please let me know and I'll bring it to the budget committee.

Q: The \$1,500 rent, what was the conversation about permanently keeping the District meeting on zoom? A: That's a discussion for the bigger group in general. We proposed an adjustment from \$1500 to \$600. We may have in-person meetings at the end of the year so we kept some budget for that.  
A: Joey, budgeting: We expected the first six months would be virtual so we allocated rent and event funding for the latter six months of the year.

Justin: the budget needs a motion for approval, but due to this meeting being very busy with elections lets plan on making that motion next month.

### **Liaison Reports**

Alison, Intergroup liaison for San Francisco and Marin. The normal format of intergroup meetings has shifted to deal with the \$140,000 behest from a deceased AA member. We've put this back to the groups to see what groups feel of this. Please take this to your group. More information is on the AASFMarin.org website. ( <https://aasfmarin.org/the-buzz-november-13-2020> )

Brad K, H&I. We have increased distribution of literature, which is 95% of our expenses. Literature is going out but expenses have stayed low. We could use contributions from your group. We have started about 15 virtual H&I zoom meetings. We also have 71 pairs of Sponsor/Sponsees at San Quentin. If you're interested in that and have 5 years of sobriety, talk with me later.

### **7<sup>th</sup> Tradition**

District 7<sup>th</sup> Tradition, send to my personal Venmo account, [REDACTED]

### **New Pamphlet**

Heidi, GSR of the group that introduced the pamphlet, "Anything is Possible". It's a large, steady group with a lot of sobriety. Women that had more than 30 years are the main group that proposed this pamphlet, myself included. Adverse childhood experiences. Research has shown correlation between high ACE (Adverse Childhood Experience) scores and the likelihood of poor health outcomes. Likely to

die 20 years younger than peers without high ACE scores. Those causes include additions of all kinds (alcoholism, drug addition, gambling, overeating.) Research shows if you grow up in a toxic environment you have a tendency to seek out relief through addictive satisfactions. The whole idea about screening for ACEs across the state of California has been mandated now and a clinic was set up in Bayview/Hunter's Point. Everyone from 0-65, if you have contact with any MediCal provider you'll be screened for childhood adversity. If you meet requirements you will be treated for those adversities. The proposal for this agenda lists treatments.

I'm hoping I can come back and present a PowerPoint as I've given this talk dozens of times at churches and health providers.

Justin: We welcome you back next month.

**Attend!**

The Western Regional Forum is virtual on December 19<sup>th</sup>. Registration is online November 20<sup>th</sup>.

[https://aa.org/pages/en\\_US/regional-and-local-forums](https://aa.org/pages/en_US/regional-and-local-forums)

Meeting ended at 9:00 pm.