6:30 – 7:00 New GSR Orientation: 3 attended – led by Justin H. *Alt. DCMC*

6:30 – 7:30 12 Concepts & Service Manual Study: 6 attended – led by Jackie B.

Opening of Meeting

- Open at 7:30pm with Serenity Prayer
- General Service Preamble read by Dennis H. (District Committee Member Chair DCMC)
- Tradition 6 long form read by: Allison M. Liaison for District 16 Central Spanish San Francisco; Concept 6 read by: Krizia A. GSR for Girls Gone Mild
- Welcome new GSRs: Jerry D. GSR Saturday Hi Noon; Krizia A. GSR Girls Gone Mild
- Anniversaries: Owen Be Still AA, 2 years; Joann L., CNCA Panel 67 Delegate, 15 years;
- Visitors: Teddy B-W Alt. Delegate; Joann L. Delegate
- Minutes approved without objection

Presentations

- <u>Financial Report</u> Gilbert G., District Treasurer: Expenses are finally dropping since earlier this year; still in our prudent reserve; but pulling out of it; any Qs; thank you for letting me be of service;
- Presentation of Concept 6 Jackie B. GSR As Bill Sees It; next month Concept 7 Randi W.
- <u>DCMC Report</u> Dennis H.: a couple things; we're not going to do our normal things; couple of flyers up here; SJ group's \$7.27 campaign; we are looking for a co-chair BTG see me if you're interested

Officers/Liaison reports

• <u>District Registrar</u> - Neil F.: keeping track of all GSRs and the Districts; i have a sign in sheet; the first page is for district officers; the don't mean to be rude; finally i'll be out of town next month; need someone to stand in for me

Delegate's Report: Joann L. CNCA Delegate Panel 67

I don't know if you can see my cup; mother of the bride; my daughter is getting married this Saturday; if you heard my report at the Post-Conf - that was a quickie; how many were at the post conference assembly – wow!; by the time I did the third report it was hour and half; like a runaway train; Saturday I had to find a lake in Oakland for their All Groups Day; did you know there are two Lakes in oakland; I told the report but I didn't tell it from notes; if I just keep an open mind and an open heart I can trust it will be fine; how many of you have you received box 459; check it out there is a great summary of the conf in NY; condensed version; important points are in there; I'll talk more about 7.27; it was a grassroots movement; it came out of the groups; the groups voice; I serve on the finance committee at the Conf; last year the committee didn't keep track of the funds coming in from this movement because it came from the groups, not from GSO; it was from the fellowship saying what can we do?; how many of you are just starting as GSRs; if you have any questions please ask; GSConf is how the fellowship gives direction to the board about what we want and what we need; our voice is communicated through the group consciences to the Delegate to GSC; there's a visual display board over there; check it out; I don't take photos; but I sketch; this report has already grown; first thing I need to express is my gratitude; honor and privilege; so much to take in so much to absorb; my heart will always remember this sacred time; advice I was given - trust the process; trust – that is the word I heard over and over, many times; more than just a word spoken; love faith respect and trust; emotion so overwhelming sometimes tears were the only way to show it; AA members would take ownership; each of us participant; respectful of the committees; a true democratic process; acting in good faith; trust that future will carry on AA;

maintaining our world service; I believe that this conference is acting in good faith; it says in the conference manual that the delegate is supposed to describe what I saw, heard, and felt; no one was over anyone anyone else; many of the delegates I already knew – from PRAASA; you attend round tables of people in your service groups; a lot of sharing about how to solve problems; only 15 delegates on my committee; filled with helpful advice from the panel 66 delegates; Kelly delegate from CNIA telling me to go get some rest; past delegate Patti telling me to go drink water; the message became very simple; deep experience of keeping it simple; conversation with other delegates were powerful; one delegate had just suffered death of an adult child who passed away; When I was at PRAASA in Bellevue Washington in 2012 my brother passed away; there's comfort and safety in these meeting places and other with our experiences to help us; little time between meetings and panels; connecting with the fellowship was mostly done at meals; I took the advice from the previous delegate to eat with new people at every meal; It's tradition the outgoing delegate will take the rookie delegate to the airport; he provided me with a care package - there was a buddha; stone of encouragement with 'enlightenment' on it; Mt. Shasta reference; we had a lunch; then he drives me to the airport; I was able to get there early; I slept for 14 hours; I had plans to meet Woody and Vicki past CNIA delegates; it was Friday; was a day of many firsts; went to a famous Friday meeting at GSO; they expected a lot of people to come to it; we had a lot of Russians there to learn about how we conduct GS in the US; first time at the empire state building but did not go up; it was too foggy; going to do it next year; my first NY hot dog and NY pizza; my first Broadway show; I got a great seat bc I waited for a cancellation ticket; got home at 2am and felt like old behavior; Conf officially begins on Sun but Sat there are a few things; pilgrimage stepping stones; tour at the Rockefeller center; we owe thanks to him for our policy of corporate poverty; that is how we have tradition 7 because of him; 1728 meeting that's what you get when you multiply 12 x 12 x 12 step tradition and concept; and the topic was the 7th tradition; one of the things we need to talk about the spiritual payoff when we can take care of ourselves financially; we continued to get guidance at the conference and learned more about the purpose of GS; how we're supposed to provide services to alcoholics that can't get these services from local groups; remote communities; technologies connect and communicate; where challenges with language, culture and tech literacy; we must have tech help for those of us who don't know how to use it yet; the link is more important than the form of connection used; been instructed to eat with a different person at every meal; delegates get together and meet; we had a lot of instructions; they told us – this is a marathon not a sprint; every one in the room is equal; hold the welfare of AA with dignity; do more and better 12th step; stop every once in awhile and see god; surrounded by tulips and daffodils; there's a beautiful picture drawing of the front of the hotel in rye brook; every night before bed, I'd take an hour to get settled; journal, postcards, emails; up and ready for work by 9am; Sunday get up early and and go to the wrong room; and I'd gotten there early to open up my heart and pray; each delegate brings tokens from their area; my absolute favorite is a slice of a moose antler from north east quebec; heard about this from most delegates and on the first day the big decision is to say "here," or "present" during roll call; at this moment in time I simply said present; what amazed me the most was how many names I already knew; I didn't know all 93; going give your groups little snippets of information don't have to share them all at once; pay back a debt that never goes away; a debt and actually grows; AA gave us a chance; a second chance; sometimes a 100th chance; anonymity protected conference reports will be made available on line; Sunday night formal banquet speaker meeting; hear from the host 2020 international convention; lively discussion about how to give more money to general service – like ways the individual can bypass the individual cap; Monday service area highlights; have to describe the area where they serve in two minutes; do in front of the the conference; what's interesting; we're autonomous; there's challenges in every area; we have some gold plated problems; amazes me the things that we come up with; I'm going to give just a few things; shows what our GS office is doing; I'm the only panel 67 female; there are four women on panel 66 and I'll be the mentor for any panel 68 women; I'm surrounded by my brothers; it's

the most powerful type of crying; I pulled myself together; I just start looking at name tags; middle states the southern states; Monday after dinner we heard from financial trustees; they had noticed a financial trend; cost going up and contributions were going down; this past year group contributions went up; the feasibility study got people looking at this and talking about this; how to engage the fellowship what are the services and how much do they cost; if every group sent contributions to GSO we'd be self supporting; there's only been a few years when we're really self supporting; we pull from literature; to balance the budget; ask ourselves – am I doing my fair share; am I being responsible here; I look at how much my home group gives; that's where I put most my money; good to know something to give information to the fellowship; financial presentations can be pretty dry; what are the services we pay for and how much are they costing us?; weds each committee should be giving their report; if it passes it becomes an advisory action; doesn't pass then it's an additional considerations; stuff that was on the agenda that we talked about but no motions were made on the floor; maybe we needed more information; treatment access; accessible to all alcoholics; create an anonymity protected conf report; a lot of pamphlets being updated so we got progress reports; update pamphlet add some information about safety to lit that already exists; next AA GSC theme is A Solution for All AA Generations; two new regional openings; David N. is now a trustee; archives working on general service conf talks; something about websites added to service manual; encourage interest in regional forums; these are not for us we're already in service - these are for members who have no clue; encourage people to attend the regional forum; i've been hearing for years and years that it goes really late; we got got done by 9pm; I was amazed; we had 92 items; proposals for translation; we need a plan to get spanish and french translations of all conf materials sooner; AA grapevine will create a google for nonprofit; Sat morning meeting and outgoing trustees talk a little bit more; I go back to my room hoping for a little bit a nap; but there is a movie, black and white movie, and four people are getting their sobriety chips; had to watch it; turns out it is a film from 1952 called Come Back Little Sheba; Burt Lancaster; Shirley Booth; closing brunch; one last meal together; I just grabbed chairs; transparency and translation were the watchwords; a touching story was a fellow who shared that "AA allowed my mom to get a quart of milk at the store" because the time he was raging at his worst she was too embarrassed to go out into public; dramatic willingness to disagree; three things for the future are - primary purpose, self-support, and anonymity; trustees at large - they are liaisons to other countries' general service; one man had his kids there and mentioned each one of his six kids thanked them for service to AA by supporting him as he traveled for AA, and he said I love you to each one; what I witnessed with Bob and his family was the miracle of a recovered family as a result of the steps; this is why we do this; keep the miracle of AA here for the alcoholic who still suffers.

Sample GSR report: Justin H Alt DCMC

I just heard from our delegate who is back from NY after delivering your group conscience. She came and she brought the fire; here is something awesome- if you don't know what a 1728 meeting is – it is a 12x12x12 discussing steps traditions and concepts; there's a new campaign for each member to send \$7.27 to GSO on July 27th – this idea came from groups who want to help AA as a whole be self supporting; lots of lit being updated so stay tuned; and just a reminder that the importance of GS is to be responsible for services reaching out to alcoholics where local groups can't do it on their own; joann thanks you.