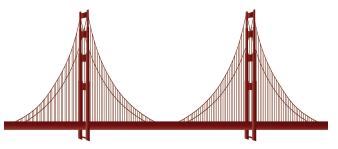
CALIFORNIA NORTHERN COASTAL AREA 06

Bridging The Gap

a sub committee of CNCA06



PRE-RELEASE CONTACT SERVICE

For AAs on the INSIDE

Dear AA Members,

Bridging The Gap can arrange a Pre-Release Contact for those soon to be released. If you are interested you can be matched upon release to an A.A. member in your new or home community.

This A.A. member will accompany you to A.A. meetings, introduce you to our fellowship, and help you get acquainted and comfortable in A.A.

Your Pre-Release Contact is temporary only. They are there to support you, answer questions, and explain the A.A. program of recovery. They will not provide housing, food, clothing, jobs, money, or other such services. You will hear suggestions for sobriety and will be introduced to basic recovery tools like sponsorship, one a day at a time, A.A. literature and A.A.'s Twelve Steps.

Past experience has shown that attending an A.A. meeting as soon as possible after release is key to making a sober transition to life outside prison. Many of us have been where you are and know that the program of A.A. and its fellowship can do for you what it has done for us and countless others.

Complete the attached Pre-Release form and mail it to the address indicated. Please do this three to six months prior to your release. The BTG committee will then match you up with an A.A. Pre-Release Contact to write back to you.

A.A. Bridging The Gap Pre-Release Contact Program Procedures

- 1. As a member of A.A. you are eligible for this program if you are within three to six months of your release date.
- 2. Please fill out the attached form and mail it to the committee. You will find the address at the bottom of the Application Form.
- 3. A Bridging The Gap Pre-Release Contact will write to you to confirm your information and begin to discuss the A.A. program, including an A.A. contact to meeting you after release.
- 4. You and the Pre-Release Contact will set up a meeting time and place. Please provide as much information as possible on the Pre-Release form, including your date of release, when you will arrive in the local area, and an address and phone number where you may be reached.
- 5. The Pre-Release Contact or another member (due to your location or availability of the original pre-release contact) will meet you at the agreed upon time and place, to help you begin attending your first meetings in the local community.
- 6. Please remember that the Pre-Release Contact is there to make your transition from A.A. meetings on "inside" to the "outside" as comfortable as possible. There is no "schedule"; you and your BTG Contact can decide together when the time is right for the Pre-Release Contact to rotate on to help someone new.

Pre-Release Request

I am within six months of my release date. I am requesting a contact who will provide a link for me to the A.A. community, through letters, and accompanying me to meetings and making introductions to other A.A. members.

Name Sex	M	F	Other	
Your ID. Number				
Your Mailing Address				
City				
State			Z	ip Code
Releasing To				
Phone	Numb	er		
Addres	s Afte	r Release		
City, St	ate Zi	p Code		

Date of Release

Please mail to
CNCA Bridging The Gap
P. O. Box 750623
Petaluma, CA 94975-0623
or email your information to
contactbtg@cnca06.org
Please make sure your information is as
complete as possible!